

# STAY-AT-HOME RESOURCES



## MOVIES, BOOKS, VIDEOS, PODCASTS

[Top 30 Children's Books About Resilience](#)

[Top 85 Growth Mindset Books for Children and Adults](#)

[Top 30 Kindness and Friendship Movies for Families](#)

[Top 75 Growth Mindset Movies for Children](#)

[Top 40 YouTube Channels for Growth Mindset, Creativity, and Kindness](#)

[Top 70 Growth Mindset Television Shows](#)

[Top 40 Growth Mindset Podcasts for Kids, Teens, and Parents](#)

[Top 35 Parenting Podcasts](#)

[Top 50 Mindfulness Resources for Children & Teens](#)

[80 Songs that Inspire a Growth Mindset](#)

## OTHER RESOURCES

[7 Keys to Managing Sibling Rivalry](#)

[Top Growth Mindset Resources for Parents and Educators](#)

[4 Steps to a Successful Family Meeting](#)

[41 Family Rituals that Teach Responsibility, Kindness, and Compassion](#)

[45 Growth Mindset Mantras](#)

[How to Empower Children When They Struggle](#)

[7 Ways to Help Kids Deal with Big Life Changes](#)

[How to Connect with Your Child Using Love Languages](#)

[5 Ways to Deal with Frustrations as a Parent](#)

[15 Tips to Build Confidence & Self-Esteem in Teens](#)

[5 Essential Steps to Create a Growth Mindset Corner](#)

[5 Essential Steps to Help Children Cope with Stress](#)

[9 Activities to Build Grit and Resilience in Children](#)